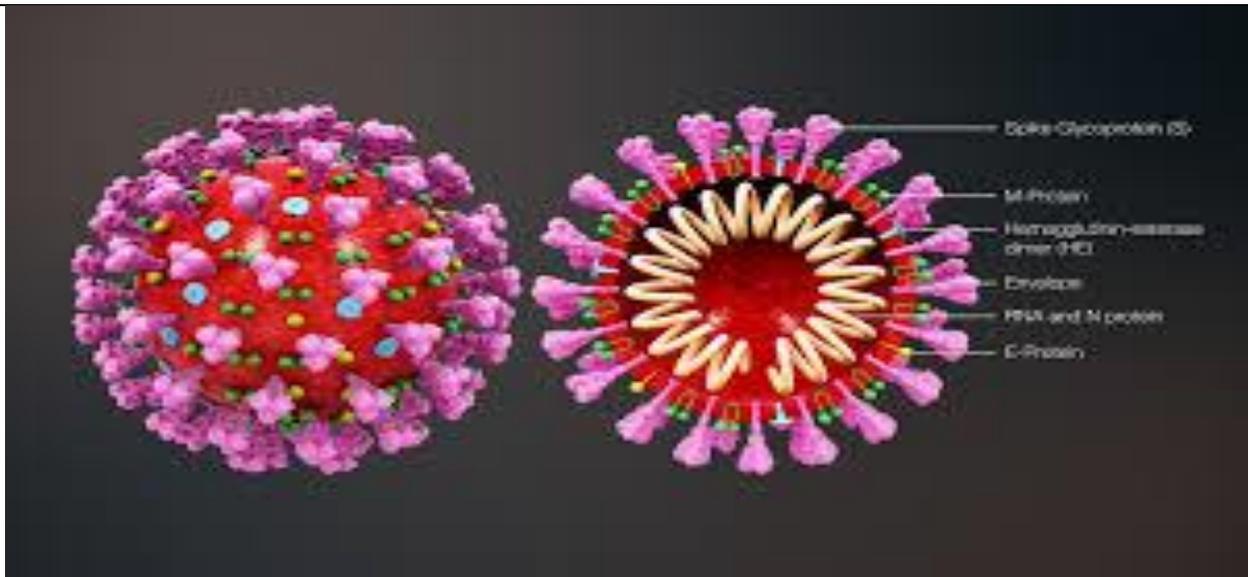


## Corona Virus Disease USI Information Center



Dear Colleagues,

Greetings from USI!

COVID 19 has brought trying times for everyone. But, at the same time, it is encouraging to see the world's resilience as it comes together to fight the rising threat of Corona virus. As medical professionals we are the most vulnerable. Our utmost priority is the well-being of our entire community, service towards our patients and at the same time, protecting ourselves and our families.

You might be aware that all international conferences and meetings i.e. AUA, NAUS, BAUS, EAU and other focused meetings have been either rescheduled or cancelled. Please do not plan or organize any seminars, meetings or conferences till this pandemic settles down. We have also postponed our council meeting and plan to discuss urgent issues by videoconferencing.

Please ensure some general precautions mentioned below for the safety and health of everyone involved.

- Avoid hand contact with others. Please do Namaste.
- Enforce digital payments instead of cash.
- Promote Telephonic consultations for routine consults and allowing physical consultations only for emergency and semi-urgent conditions. Please discourage the patients to come to clinic/OPD unless it is unavoidable. As per the recommendations of our Prime Minister, Shri Narendra Modiji, you can encourage patients to do tele-consults and send their reports through WhatsApp and e-mail.
- Visitors and family member's entry inside the nursing homes, clinics and hospitals should be restricted.
- Patients with any upper respiratory illness should be asked to wear a mask and should be sent to the designated respiratory clinic.
- Hand sanitizer should be made available at the entrance, OPD and IPD settings. All health care workers, patients and relatives should be encouraged to use hand sanitizer frequently or wash hands with soap and water for 20 seconds.
- Urologists need to use surgical mask while examining patients and practice hand hygiene frequently before and after examining the patients.
- Regular cleaning of hospital floor, high touch surfaces and equipments should be done.
- Non essential international travel as well as travel to those areas in India where there is intense transmission should be avoided.

- Do not ignore symptoms of dry cough, fever and breathlessness and consult a respiratory physician immediately.
- However, do not panic with symptoms like sore throat or running nose; but do see a physician.
- Urologists should disseminate information about corona virus to patients and refrain from spreading any myths/false information about the disease from social media or verbally. It may precipitate panic and anxiety among the public.
- We should explain to the patients about possibility of catching Corona infection in the post operative period in the hospital which is a high danger zone. They should be encouraged to cancel or reschedule all elective and routine surgery. But semi-urgent and emergency, malignancies, sepsis and obstructions should not be postponed. Suggestive general information is mentioned in the table below.

#### Precautions for Health care workers

Eye protection

Isolation Gowns

Gloves

Face-masks

N 95 Respirators

We all should encourage extreme caution and ensure that the highest standard of hygiene and safety is being practiced by all our paramedical and secretarial staffs.

We will continue to update this page with more information relevant to our members as it becomes available. Please follow the directives of the government, health departments and your hospital's guidelines. These are general guidelines

Please make sure you learn more about the safety and precautionary measures against COVID19 on the World Health Organization website - [www.who.int](http://www.who.int)

After reviewing NHS trust, AUA guidelines, following surgeries can be postponed

Stage 1: First cancellation	Stage 2: Optional/Secondary Cancellation	Stage 3: Not to be Cancelled	Stage 4: Emergency cases only as early as possible
Vasectomy Circumcision Scrotal Cyst Cystoscopy	Cystectomy (low risk cancer)	Cystectomy (high risk cancer)	Obstructed kidneys/infection
Radical prostatectomy (Low risk cancer)	TRUS Biopsies (LA)	Radical Nephrectomy (time sensitive)	Emergency urology – abscesses /washouts
TRUS Biopsies (GA)	TURBT (Low risk cancer)	TURBT (High risk)	Testicular torsions
Benign Nephrectomy/Partial Nephrectomy	Radical prostatectomy (High risk cancer)	Nephroureterectomy (High risk cancer)	
Andrology Cases/ Female Urology	Nephroureterectomy (low risk cancer)	URS with stents or Ureteric stones	
Brachytherapy		IVC Thrombus - Nephrectomy	
Functional Reconstruction			
Elective URS/PCNL			
TURP/HoLEP/BPH			
Ureterolysis			

After reviewing guidelines (The Transplant Society), following recommendations can be followed for Kidney transplant (Donor and Recipient)

### **DECEASED DONORS**

Person who returned from countries with >10 infected patients or exposed to a patient with confirmed or suspected COVID-19 within 14 days should not be accepted as a donor. Likewise donors with unexplained respiratory failure leading to death should be excluded.

### **LIVING-RELATED TRANSPLANTS**

Living donation should not be performed on either a donor or recipient who has returned from countries with >10 infected patients or who have been exposed to a patient with confirmed or suspected COVID-19 within 14 days. Donors should not be accepted if they have fever and/or respiratory symptoms unless COVID-19 is excluded.

### **TRANSPLANT RECIPIENTS**

If transplant patient is in good health and there is no pressing reason to perform surgery urgently, he should be discouraged from the transplant surgery for the time being. We should discuss the possibilities of catching a corona infection or any other infections in post operative period and make them aware about the current situations. If any patient still insists to undergo transplant, an informed written consent must be taken.

Like all persons, transplant recipients should adhere to travel advisories for follow up to a distant place. They should be encouraged for tele-consultation/WhatsApp/e-mail with their respective nephrologist/transplant surgeons/Urologists. In case of emergency they should consult local Nephrologists/Physicians/Urologists/Transplant Surgeons.

Stay safe and be healthy. Please look after yourself, your loving family and your patients.

I am sure we will overcome this pandemic and good times will be back soon. I pray for the good health of entire nation and humanity.

May God bless us all!

**Dr Anant Kumar**

*President,*

The Urological Society of India

### **General information on COVID19**

**1. WHO information on COVID19**

(<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>)

**2. Frequently Asked Questions on COVID-19**

(<https://www.mohfw.gov.in/pdf/FAQ.pdf>)

**3. Advisory - Social Distancing**

(<https://www.mohfw.gov.in/pdf/SocialDistancingAdvisorybyMOHFW.pdf>)

**4. Advisory for Hospitals and Medical Institutions**

(<https://www.mohfw.gov.in/pdf/AdvisoryforHospitalsandMedicalInstitutions.pdf>)

**5. ACS: COVID-19 Guidance for Triage of Non–Emergent Surgical Procedures**

(<https://www.facs.org/about-acscovid-19/information-for-surgeons/triage>)

**6. CMS Adult Elective Surgery and Procedures Recommendation**

(<https://www.cms.gov/files/document/31820-cms-adult-elective-surgery-and-procedures-recommendations.pdf>)

**7. Donor Screening and Deferral Recommendations to Tissue Bank Medical Directors Related to the Novel Corona virus (2019-nCoV) Outbr**

(<https://www.notifylibrary.org/sites/default/files/Bulletin%2020-3%20%20The%20American%20Association%20of%20Tissue%20Banks%20%28AATB%29.pdf>)

**8. Guidance on Corona virus Disease 2019 (COVID-19) for Transplant Clinicians**

<https://tts.org/tid-about/tid-presidents-message/23-tid/tid-news/657-tid-update-and-guidance-on-2019-novel-coronavirus-2019-ncov-for-transplant-id-clinicians>