President's Message

Dear Colleagues,

I would like to thank you all for reposing confidence and electing me as President of your Society, which is a pinnacle seat of Urology in India.

India is a large country and there is no uniformity of urological education and patient care due to different levels of education, infrastructure and limitations of funding. Our aim during the current year will be to work in the direction of "Uniform Urological Education and Patient Care". To start, it is important to know where we exist today. The Council of USI has planned for a survey through the members of the USI to get feedback about the common diseases treated by them and how. We have prepared a proforma for the above survey, which is sent to you along with this newsletter. This proforma can also be downloaded from the USI website. I personally request you all to please give your feedback. The name will be kept strictly confidential without disclosing any identity of the member filling the questionnaire.

For uniform patient care, it is important to have clinical guidelines for various diseases. At present, various national and international associations have their own guidelines. However, they have to be modified according to our Indian conditions. USI council has decided to prepare clinical guidelines for common urologic diseases in India like stone disease, BPH, stricture urethra, carcinoma bladder and male infertility. The Council has identified the convenors for the above guidelines who will form their team to frame the USI guidelines.

Prevention is better than cure. Many nations are conducting prostate disease awareness programmes for early detection of cancer prostate. It is unfortunate that in our country, carcinoma prostate is diagnosed in an advanced stage in 80-90% of cases. The Council has decided to conduct "Prostate Disease Awareness Programme (PDAP)" in India along with Indian Medical Association. A module for the awareness programme is prepared and for a trial 1st Awareness programme will be conducted in 25 centres all around Delhi. As per the response and feedback, such programme will be spread out to all over the country and each city Chapter can conduct such programme.

Some members have requested me to approach to the Government of India for revising depreciation percentage on urologic endoscopic instruments. I will welcome more suggestions to consolidate our demand and write to Government of India.

We have now new team of office bearers and council members elected by you who will be working together to improve the activities of the USI. You are requested to send your feedback and suggestions for improvement for the activities of the USI.

Prof. Narmada. P. Gupta,
President USI

From Secretary's Desk

Dear Colleagues,

Greetings from Chennai.

I thank all the members of our Urological Society of India who have reposed confidence, faith and elected me as Honorary Secretary of this prestigious organisation. To start with I have been the Hon. Secretary of our city chapter, then state chapter and zonal chapter. I had wonderful experience being an office bearer in all these organizations. I am committed to our society and at this juncture I assure that I would do my level best for the welfare of the society. Fortunately I have three presidents Dr. NARMADA .P.GUPTA, Dr. AJAYKUMAR, Dr. MAHESH .R.DESAI (President, President Elect and Past President) who have got enormous experience and exposure to our various activities of USI and thus can guide me for the betterment of our organization.

We have got innovative ideas like framing guidelines for various diseases like BPH, carcinoma bladder, stricture urethra, stone disease, male infertility and also organising mock examinations and CME programmes for our post-graduates. With the help of dedicated council, I am sure I would be able to deliver a very good scientific programme in the forthcoming conferences, which would be informative and interesting.

I would deliver all my duties to the expectations of our members and make everyone to participate actively in the various activities of USI.

With Best Wishes,
Dr. RM.Meyyappan
Hon.Secretary, USI

Visit us at http:\www.usi.org.in
1. The Annual General Body meeting of Urological Society of India was held on 09.02.2007 at 5.30 PM in S.K. Memorial Hall, Patna. Dr. Mahesh Desai, the President of Urological Society of India was on the Chair.

1. OBITUARY

The meeting started with a sad note. The members condoled the sad demise of Prof. Surinder Man Singh. Members observed silence for one minute to pay homage to the departed soul. The Hon. Secretary was directed to send a condolence note to the bereaved family.

2. PRESIDENT’S OPENING REMARKS

The President, Dr. Mahesh R. Desai welcomed all the members. He highlighted the activities of the society during the year. He requested the members to organize workshops and conferences under the banner of Urological Society of India or its zonal chapters. Individual organization of the urological activities not only causes deficient finances for organization of different activities of the society but also become too hectic for the members to attend too many meetings.

3. CONFIRMATION OF MINUTES OF THE LAST GENERAL BODY MEETING HELD ON 04.2.2006 AT VARANASI

The minutes of the last General Body meeting held at Varanasi on 4.2.2006 was confirmed. Proposed by Dr. Rajeev T. P. and seconded by Dr. Rajeev Sood.

4. HON. SECRETARY’S ANNUAL REPORT

Dear colleagues!

At the outset I would like to thank you all for the help and cooperation being extended in discharging my duties. Though the society is vibrant with activities, I could not receive all information in time or in some cases not at all. However, it gives me great pleasure to present the brief account of the activities of our esteemed Society during the year.

1. East Zone

Live operative workshop on PCNL and Laparoscopic Surgery was held at NRS Medical College, Kolkata on 2nd & 3rd June 2006. The first Annual meeting of the Assam Urological Society was held at Guwahati on 1st September 2006. The mid term workshop (USI East Zone) on Laparoscopic Urology was held at Gauhati Medical College Hospital on 2nd September, 2006. The Annual Conference of Urological Society of India (East Zone), USICON 2006 was successfully conducted at Ranchi by the Jharkhand Chapter of the USI between 13th and 15th of October 2006.

2. West Zone:

(A) Workshop on Cancer Prostate held at Gujarat Cancer & Research Institute, Ahmedabad was organized on 11th & 12th March, 2006. Prof. Patrick Walsh was the star attraction.
A camp “Urology for the needy” was organized by Institute of Urology in collaboration with Dr. Reddy's Lab where more than 100 patients were examined.

The “World Kidney day” was celebrated at Indore. It was a mass awareness programme. The theme of the programme was “Prevention and early detection of renal diseases.”

The MPUH Andrology Workshop was held from May 5th -7th 2006 at the Jayramdas Patel Academic Centre, Nadiad. Various andrological procedures like PPI, VEA, Micro surgical varicocelectomy, micro testicular biopsies etc. were demonstrated live for the first time.

16th WZUSICON-2006 was held in Mehsana- Gujarat on 29th September to 1st October, 2006 at Shanku’s Water Park during Navaratri Festival. The Theme of the conference was “UROLOGY FOR R UROLOGY”. Dr. Shaillesh A. Shah and Dr. Ajit Waze coordinated the workshop very well. The concept of live cadaveric dissection to be shown by anatomist and urogynaecologist was appreciated by one and all. It is first time done in zonal USI conference.

3. North Zone:
(A) The Department of Urology at Dr.RML Hospital, New Delhi organized the HiTech Live Operative Workshop, CME on Andrology and voiding dysfunction on 1st and 2nd July 2006.

(B) The Department of Urology at the AIIMS has conducted the “International Live Operative Workshop on Robotic Urologic Surgery on 31st July to 1st August, 2006 It has acquired Da Vinci S State-of- the- art four arm Robotic Surgical System, which is the first of its kind an any hospital in Asia. Dr. Mani Menon, Director of Vattikuti Urology Institute, Henry Ford Hospital, Detroit, was the invited faculty and performed Radical prostatectomy on 4 patients of cancer prostate and Dr. AK. Hemal performed one Robotic Pyeloplasty for PUJ obstruction.

(C) The 16th Annual conference of North Zone Chapter of urological Society of India was held at Jaipur from 3rd -5th Nov, 2006.

4. South Zone:
(A) 4th International conference & Live Operative workshop on Urogynaecology & Reconstructive Surgery “URPS 2006” was held at Department of Urogynaecology, Govt. Kasturba Gandhi Hospital, Chennai on 16th -18th June 2006.

(B) The Annual Conference of the South Zone Urological Society of India was held at Thiruvananthapuram on 15th and 16 the July 2006 at Hotel Mascot. This was preceded by the pre-conference workshop and the annual meeting of Kerala Urological Association. Dr. Shyam K.Ramesh was the Org.Secretary of SZUSICON 2006.

INDIAN UROLOGIST IN INTERNATIONAL ARENA:

1. 24TH WORLD CONGRESS OF ENDOUROLOGY (WCE) , CLEVELAN, OHIO, USA ON 17TH 20TH AUGUST, 2006 :

24th World Congress of Endourology (WCE) was held in Cleveland, Ohio, USA between 17th - 20th August, 2006. The organization was under the stewardship of Dr. Inderbir Gill, Vice Chairman of the Glickman Urological Institute of the Cleveland Clinic Foundation. Dr. Gill spared no efforts to make the conference one for all delegates to remember and talk about for a long time. In terms of numbers, this was the WCE with largest number of delegates- 169 speakers, 1548 abstracts and 1000 delegates. While naturally the largest number was local from USA, India was well represented and we had the third largest number of nearly 100 delegates.

Why was India so well represented considering how difficult it is to get visas to the USA was Dr. Gill’s personal involvement in offering tremendous sops to all of us. Cheap accommodation, special registration fee for postgraduates, live operative surgery and post conference workshops. If this was not enough, it was a conference which showcased technology at its best. The entire proceedings were wired live to every nook and corner of the Intercontinental. One could sit in the comfort of the room and listen to the plenary sessions. Many people in India were also able to make conductivity and listen to the proceedings; thanks to the organizers. At this time the Asian Society of Endourology had a pre-conference evening of urology and bonhomme. We were able to interact and discuss issues with our Asian colleagues. There was big contingent from China and the ASIAN REGION.I believe the WCE was Dr. Gill’s personal triumph. As an Indian, I felt proud to have been there.
2. 8th ASIAN CONGRESS OF UROLOGY (ACU-2006), BALI, INDONESIA ON 21-26, AUGUST, 2006:

The 8th Asian Congress of Urology (ACU-2006) held at Bali, Indonesia, on 21-26 August, 2006 had a well represented contingent from the Urological Society of India. 750 delegates from all the Asian countries attended this conference held at the Westin Resorts on the scenic island of Bali. Mahesh Desai (Nadiad), N.P. Gupta (New Delhi), K Sasidharan (Manipal), Ajit Vaze (Mumbai) and Kim Mammen (Ludhiana) were on the invited Asian faculty to give presentations for the plenary sessions and SIU-AAU Symposium. Drs. N.K. Mohanty (New Delhi), Rajeev Sood (New Delhi), Anil Goyal (New Delhi), Ninan Chacko (Vellore), Nitin Kekre (Vellore) and T.B. Yubraja (Mumbai) were the other delegates who participated in the scientific programme of the congress.

Dr. N.P. Gupta, Chairman of the 9th ACU-2008, to be held at New Delhi, India, gave a warm invitation to all the delegates and promised an academic feast with the traditional Indian hospitality.

Dr. N.P. Gupta was elected President-Elect of Urological Association Asia and Dr. Nitin Kekre as Editor, Journal of UAA.

3. 28th CONGRESS OF THE SOCIETE INTERNATIONALE D’UROLOGIE, CAPE TOWN- SOUTH AFRICA, NOVEMBER 12-16, 2006

The 28th Congress of Societe Internationale d’Urologie was held at Cape Town from 12th - 16th November, 2006. It was big success with over 4000 urologists from all over the world attending the meeting. There was a large contingent from India as well, with over 70 urologists, most of them with spouses, from all over the sub-continent. It was wonderful to see the current president of Urological Society of India, Dr. Mahesh Desai, be in the forefront, participating in various plenary sessions, speaking on myriad topics including tuberculous structures of the ureter, ureteric fistulae, endopyloplasty etc. Dr. Narmada Gupta, President-Elect USI, and one of the senior SIU members who also had a number of presentations. Senior urologists including many past presidents of the urological Society of India were also in attendance. -Dr. Ajit Phadke, Dr. Madhav Kamat, Dr. Shivdeo Bapat, Dr. KSasidharan, Dr. S.N. Panda, Dr. D.D. Gaur, Dr. G.K. Garg, Dr. Ganesh Gopalakrishnan, Dr. S.V. Kandasami.

4. INAUGURAL CONFERENCE OF SRI LANKA ASSOCIATION OF UROLOGIC SURGEONS (SLAU), COLOMBO, SRI LANKA ON 1ST AND 2ND DEC, 2006.

Sri Lanka Association of Urologic Surgeons was formed in 1998. They organized Inaugural Conference of their association on 1st and 2nd December 2006 in Colombo. There was a day long workshop on Laparoscopic surgery followed by scientific sessions on day 2. Dr. Rainy Umbas and Dr. Narmada Prasad Gupta were invited on behalf of Urologic Association Asia. Dr. K. Sasidharan, Dr. Sanjay Kulkarni, Dr. Mallikarjuna were other invited faculty from India.

5. MID TERM PÆDIATRIC UROLOGY WORKSHOP AND CONFERENCE ON 14TH - 17TH SEPTEMBER 2006, GOA.

Pædiatric Urology Workshop and conference was organized by USI from 14th 17th September, 2006 at Grand Intercontinental Resort, South Goa. More than 100 delegates had registered for the meet. The meet started with live workshop conducted at Muljibhai Patel urological Hospital at Nadiad and relayed directly to the Hotel Venue through satellite with the help of Indian Space and Research Organization (ISRO).

Dr. Curtis Sheldon, Chairman, Cincinnati Children’s Hospital, USA, Dr. Rama Jayanthi from University of Colombus, Ohio, USA and Dr. Pramod Reddy, Associate Professor, Cincinnati Children’s Hospital, Ohio, USA demonstrated different surgical proceedings where they showed their skill and dexterity in handling instruments and tissue.

The conference began on 15th September sharp at 8.00 AM. The main conference was held on 15th & 16th September, 2006 which started with welcome address of the organizing committee chairman Dr. Shyam Joshi. A large number of Foreign and Indian experts participated in the conference.

The details of the conference has been published in newsletter of September 2006.

OUR PRESIDENT’S VISITS (Dr. Mahesh.R.Desai):

1. Participated as faculty during the 3rd Kuwait Urological Association annual scientific meeting held at Conference centre, Marina Hotel, Kuwait from 11th -12th February, 2006.
2. Conducted pre - conference Endourology and Laparoscopic Urology Live surgery during the Urofair 2006 held at Singapore from 16th -19th February 2006.
3. Attended 120th American Association of Urological Surgeons meeting held at Boca Raton Resort and Club, Florida from 19th to 21st April, 2006.
5. Attended Engineering and Urology Society Annual meeting held at Atlanta on 20th May, 2006 and presented a poster on Retrograde Intravesical Reconstructive Surgeries (RIVRS).
6. Attended Americal Urological Association Annual meeting held at Atlanta from 20th to 25th May, 2006 and presented a poster “Impact of multiperc during PCNl for Stag horn calculus”.
7. Delivered a Guest lecture on Endoscopic management of Gynaec ureteral injuries during the International Conference of live Operative Workshop in

8. Attended BAUS meeting from 26th to 30th June 2006 at Manchester.

9. Participated as a Faculty during South Zone USICON 2006 held at Trivandrum from 14th to 16th July, 2006

10. Attended the 24th World Congress on Endourology and SWL & 22nd Basic Research Symposia, held at Cleveland, USA from 17 to 20th August, 2006. Special Mention: Participated in a Debate and spoke on “Stag horn Calculi : Multiperc”.

11. Attended as a faculty during the 8th Asian Congress of Urology held at Bali, Indonesia from 22nd to 26th August, 2006

12. Attended as a faculty during the Live International Workshop on Reconstructive Urology (RECON UROI) 2006 held at Sion Hospital, Mumbai from 9th to 10th September, 2006

13. Conducted Operative workshop at MPUH, Nadiad on 14th September, 2006 during the Pediatric Congress held at Goa.


15. Delivered a lecture on “Renal Transplant in Abnormal bladder” during the W.Z. ISN held at Mount Abu on 24th September, 2006.

16. Attended as faculty during the 16th West Zone USICON held at Mehsana from 29th & 30th September and 1st October, 2006 and delivered Guest Lecture on “Laparoscopic Oncology: Marriage of convenience”

17. Attended as a faculty during the East Zone USICON 2006 held at Ranchi from 13th to 15th October, 2006.

18. Attended as a Faculty during the 104th New York Section of American Urological Association held at New Delhi from 29th to 31st October, 2006.

19. Conducted Indo German Live Op. Symposium and Update on Endourology on 3rd and 4th November 2006 and operated following cases:

- PCNL in a child below five years.
- Complicated staghorn calculus in an older child or an adult
- Intrarenal surgery of-a UPJ Obstruction (Endopyeloplasty).


21. Nominated in a committee of Stone Consultation organised by WHO, AUA, SIU, EAU.

CME PROGRAMMES:

1. A) USI Mock Exam 2006, CMC Vellore:

USI Urology Mock Examination for M.Ch/DNB students was held at Christian Medical College, Vellore on 7th-8th April 2006. Dr. Ganesh Gopalakrishnan was the convenor. Day1 (7.4.2006) was devoted primarily to “case presentation, examination and approach towards diagnosis”. Students were divided in groups and there were 5 such clinics of 90 minutes each.

Day-2 was (8.4.2006) devoted primarily to discussion on “evaluation and management” of cases. There were 5 sessions of 90 minutes each. Each session consisting of three faculties and three trainees. There were 18 faculties of national and international repute. They interacted with the examinees and cleared their doubts. I hope the trainees must have learnt intelligent tips and tricks encountered during the examination. Overall it was a successful Mock Exam conducted by the Department of Urology, C.M.C. Vellore.

B) Second Mock examination was done at MPUH on 28th & 29th July. About 60 students and 15 teachers attended the course for two days. It was on a similar line as Vellore.

2. 2nd Master Class Urology 2006 at Delhi on 22-24 December, 2006:

A live operative workshop at Dr.RML Hospital & PGIMER Delhi, preceded it on 22nd December, 2006. Faculty comprised of Who’s Who in Indian Urology. Total number of registrants were 271 among which 161 were PG Students/Residents and surgeons. The theme of this Master Class was - “Basics to Hi-Tech” Though the arrangements for the Master Class were elaborate and national faculty were present in large numbers, the postgraduates for whom the Class was designed had meagre presence during scientific activities and large presence during evening programmes. This disturbing trend was a matter of discussion amongst the faculty members. I wish that the main purpose of CME for our Postgraduate trainees is given priority by all concerned persons. A few postgraduate programmes without lavish arrangements should be encouraged in future.

3. APSSM- AGASSI conference (1st-3rd December, 2006):

The Asia Pacific Society for Sexual Medicine (APSSM) and AGASSI conference was held at Hilton Towers, Nariman Point, Mumbai on 1st December to 3rd December, 2006. The conference was highly informative and delegates gathered a lot of information about sexual medicine.
4. USI Website:
Now we have got a dynamic website of our society which is being managed by Trumed Company.

5. Indian Journal of Urology:
I congratulate Dr. Nitin Kekre and his team for providing us a new look of Indian Journal of Urology which is also online now. I request him to continue his Endeavour to get the Journal indexed.

6. USI Newsletter:
We have been able to publish the newsletter with the help of Intas Pharmaceuticals, Eagle medical Systems and Healthware (P) Limited. We are able to publish it every quarter. Ours is the only medical society which publishes such an informative newsletter at regular intervals. We send the newsletter to our members online if their email address is available and also put it on our website.

7. Scientific Programmes:
The Urology World in India has been vibrant with the academic activities during this year. In fact we had too many scientific programmes in different parts of the country either under the aegis of ‘urological Society of India or its zonal chapters or organized by different agencies. In spite of clear cut guidelines from USI some programmes have been conducted under the banner of USI without any prior approval by us. Such practices should be immediately stopped. We can only condemn such misguided members of ours and advise them to be more truthful. We do not have statutory powers either to discipline or punish such members who use the name of our society without our knowledge and approval. In fact our president and myself have received quite a few complaints from different corners about too many scientific programmes which needs to be regularized. I need the suggestion of the honourable members for streamlining our scientific activities in future.

8. USICON 2007:
This year all the submissions of scientific materials for presentation during the conference have been received electronically and process of evaluation by the panel of judges under the able leadership of Prof. Ganesh Gopalakrishnan has been onlined. This paperless organisation of the scientific programme has made the process much easier.
USICON 2007 is dedicated to “Urologist in training” and thus we have designed Instructional Courses in such a way that the vast area of urology is included. I am sure, our young friends will be very happy this year.

I am glad to inform that our Education and Service Cells are active and Research Cell is being activated. Our beloved past president, Prof. Mahendra Bhandari, has immigrated to USA which is a big loss to us. I wish him great success in USA in coming years. We need to select the chairman of the Editorial Board of IJU as Prof. Bhandari has completed his tenure in the office.

The debates during USICON 2006 were very popular and thus we have put the similar programme in USICON 2007 also.

SPECIAL ACHIEVEMENTS:

This ‘state of art’ academic centre (JPAC) was inaugurated in the campus of Muljibhai Patel Urological Hospital by the Governor of Gujarat, Hon. Sri Nawal Kishore Sharma on 21.1.2007 and was dedicated to Urological Society of India for training the young urologists and Postgraduate students of Urology. Mr.Pratull Patel, Minister of Health, Govt.of Gujarat, Mr. Dinshaw Patel, Minister of State, Government of India, Dr.K.T.Foo, Dr. Michael Margerger, DrARajasekaran and Dr.Ajay Kumar were guests of honour at the occasion. Sri Jayaramdas Patel was felicitated on the occasion. We thank our dynamic President for his endeavour and the Trustees of Muljibhai Patel Urological Hospital for their benevolence.

2. Honour to our members:
It is matter of pride for us that Prof. Narmada Prasad Gupta, our President and Prof. Ashok Kumar Hemal were conferred “PADMASHREE” by the President of India this year.

Before I conclude, I again thank the members for extending help in discharging my duties in particular and active participation in the activities of USI in general.

I am thankful to our President, Dr. Mahesh Desai whose inspiration, encouragement and guidance has helped to discharge my duties efficiently.

The AGM approved the report. Proposed by Dr.Anita Patel and seconded by Dr.Suresh B.Patankar.

HON TREASURER’S REPORT:
It gives me great pleasure in presenting the consolidated Balance Sheet of the Urological Society of India for the financial year 2005-06 along with the IJU activities carried out in Lucknow and Vellore till 31.3.2006 incorporated with main Balance Sheet of the USI, duly Audited by MIS K.G.Patel and Co. Anand. I place on record the valuable support extended to me by all my colleagues and especially the Council members who stood by me in due discharge of my duties.

The balance sheet had already been circulated to the members with the newsletter of December, 2006. The members appreciated the been effects made by Hon. Treasurer.

The General Body adopted following resolution of the Council “In response to treasurer’s report regarding increasing the remuneration for the oration, council realized that the sponsorship of existing orations should not be increased ( G.M. Phadke Oration, Himadari Sarkar Oration etc..)” But any sponsorship of new oration should not be less than Rs.5 lacs and it should for a specific period is 10 years. After that it can be renewed. It was decided that for SIU oration, the national delegate Dr. J.G. Lalmalani should be asked to increase his contribution from 1 Lac to Rs.5 Lacs”. The Treasurer’s report was adopted. Proposed by Dr. S.S. Joshi and seconded by Dr. A.L. Vyas.
USI NEWSLETTER - MARCH 2007

USI AWARDS FOR THE YEAR 2007:
The following awards were approved by the General Body:

USI AWARDS

UROLOGY GOLD MEDAL
Dr. Mahesh.R.Desai, Nadiad

PRESIDENT’S GOLD MEDAL
Dr. S.S. Ambasta, Patna

DR. HIMALI SARKAR MEMORIAL ORATION
Dr. Mahesh.R.Desai, Nadiad

DR. G.M. PHADKE
Dr. J. Smith, Chairman, Dept.of Urology, Nashville, Tennessia, USA

DR. PINNAMANENI VENKATESHWARA RAO - MEMORIAL ORATION
Dr. P.B. Sivaraman, Chennai

USI TEACHER TRAVEL FELLOWSHIP AWARD
No Fellowship year - 2007

USI MEMBER TRAVEL FELLOWSHIP
Dr. Apul Goel, Lucknow

LATE DR. G.M. PHADKE TRAVELING FELLOWSHIP
Dr. Anup Kumar, New Delhi

U.SI AWARDS FOR THE YEAR 2007:
The following awards were approved by the General Body:

USI AWARDS

UROLOGY GOLD MEDAL
Dr. Mahesh.R.Desai, Nadiad

PRESIDENT’S GOLD MEDAL
Dr. S.S. Ambasta, Patna

DR. HIMALI SARKAR MEMORIAL ORATION
Dr. Mahesh.R.Desai, Nadiad

DR. G.M. PHADKE
Dr. J. Smith, Chairman, Dept.of Urology, Nashville, Tennessia, USA

DR. PINNAMANENI VENKATESHWARA RAO - MEMORIAL ORATION
Dr. P.B. Sivaraman, Chennai

USI TEACHER TRAVEL FELLOWSHIP AWARD
No Fellowship year - 2007

USI MEMBER TRAVEL FELLOWSHIP
Dr. Apul Goel, Lucknow

LATE DR. G.M. PHADKE TRAVELING FELLOWSHIP
Dr. Anup Kumar, New Delhi

DR. R. SITHARAMAN MEMORIAL ESSAY COMPETITION
Dr. Sanjay Garg, Chandigarh

PROF. C.K.P. MENON MEMORIAL PRIZE FOR BEST PAPER FOR THE YEAR
Dr. J. Chandra Singh, Vellore

BRIJKISHORE PATNA PRIZE
Dr. Pranjal Modi, Ahmedabad

VIJAYAWADA PRIZE FOR BEST POSTERS
1. Dr. T.B. Yubraja, Mumbai
2. Dr. Balgopal Nair, Kochi
3. Dr. Rishi Nayar, Delhi

INNOVATIONS IN UROLOGY
Dr. Jayesh Dhabalia, KEM Hospital Mumbai

CHANDIGARH BEST VIDEO/CD PRIZE
1. Dr. Anup Kumar, New Delhi
2. Dr. S.B. Patankar, Pune

URO QUIZ 2007
1st Prize - Dr. Prithviraj Ghoshal, Chandigarh
2nd Prize - Dr. W. Harry Santha Seelan, MMC, Chennai

MIUC FELLOWSHIP
1. Dr. Rajeev Kumar, Delhi
2. Dr. Apul Goel, Lucknow

AGM approved the following decision of the Council
"It was decided to start ‘Jayaramdas Patel Oration’ through the contribution of Rs.5 Lacs by Muljibhai Patel Urology Trust. Dr. Mahesh Desai suggested that oration should be on a topic of Endourology and Laparoscopy. Dr. N.P. Gupta, Dr. Mahesh Desai and Dr. Ajay Kumar were authorized to work out the modalities.

RECOMMENDATION ABOUT NEW MEMBERS
The General Body approved the list for different categories of membership of USI which is as follows:

FULL MEMBERS:

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<td>1</td>
<td>Dr. Vijay Bora, Agra</td>
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<td>Dr. Meda Gopi Kishore, Nellore</td>
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<td>Dr. Nitin S. Joshi, New Panve</td>
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<td>Dr. K. Senthil, Coimbatore</td>
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<td>Dr. Kishore T.A., Thrissur</td>
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<td>Dr.D.V.S.Rambabu, A.P.</td>
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<td>Dr.Siva Ram Krishnan P, Thiruvananthapuram</td>
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<td>Dr.Murali P.M., Trichur</td>
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<td>Dr.Chetan M.Gokani,</td>
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<td>Dr.Md. Saheed CS, Kochi</td>
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<td>Dr.Shyam babu Prasad, Patna</td>
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<td>Dr.George C.Joseph, Calicut</td>
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<td>Dr.Manav Suryavanshi, Delhi</td>
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<td>Dr.Somanna MM, Karnataka</td>
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<td>Dr.G.Vidyadhar, Warangal</td>
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<td>19</td>
<td>Dr.Prem Kumar, Ranchi</td>
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<td>Dr.Deepak jain, Gaziabad</td>
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ASSOCIATE MEMBERS

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<td>Bangalore</td>
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<td>Dr. Sreenivas Rao</td>
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<td>Dr. G. Sukumar</td>
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<td>Dr. Renu Thomas</td>
<td>Thriruvanantpuram</td>
<td>Dr. K. Raghurami Reddy</td>
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<td>Dr. Gopinath V.</td>
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<td>Dr. S.Sreenivasa Rao</td>
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<td>Dr. S. V. R. Chandra Murthy</td>
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<td>Dr. Rishi Grover</td>
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<td>Dr. Dr. Subhas Kant Mishra</td>
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<td>Dr. Pranit Bansal</td>
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<td>Dr. Sanjay Kumar Agarwal</td>
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<td>Dr. Ahsan Ahmad</td>
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<td>Dr. Sandeep Majumdar</td>
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<td>Dr. Vikash Kumar</td>
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<td>Dr. Shiva Prasad</td>
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<td>Dr. Shashi Kumar</td>
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<td>Dr. Divya Ratna Dhawan</td>
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<td>Dr. Uday Singh Beniwal</td>
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<td>Dr. Shivalinga M.</td>
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<td>Dr. Anil Ramchandran</td>
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<td>Dr. S. V. R. Chandra Murthy</td>
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<td>Dr. T. R. Gurunath</td>
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<td>Dr. Suresh Prasad Aagrawal</td>
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<td>Dr. Amol Krishna</td>
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<td>Dr. Ayapati Tyagi</td>
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<td>37.</td>
<td>Dr. Arvind P. Ganpule</td>
<td>Nadiad</td>
<td>Dr. Harprit Singh</td>
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CHANGE OF STATUS FROM ASSOCIATE TO FULL MEMBERS

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<th></th>
<th>Name</th>
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<tr>
<td>1.</td>
<td>Dr. Pradeep Kumar Bansal</td>
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<td>Dr. Shalender Kumar Goel</td>
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8. REPORT OF 41ST ANNUAL CONFERENCE OF UROLOGICAL SOCIETY OF INDIA TO BE HELD AT CHENNAI.

Dr. R. Jeyaraman, the Org. Secretary of 41st Annual Conference of Urological Society of India to be held in Chennai, made a power point presentation about the arrangements for the conference. The President elect, Dr. Narmada P. Gupta presented the report of his visit to Chennai to see the arrangements for the conference. The members approved the report.


There was only one application from Indore for the USICON 2009 which was approved by the west Zone chapter of USI. Dr. Anil K. Bandi was invited to make the presentation. The members approved the venue. Dr. Anil K. Bandi was appointed Organizing Secretary of the conference.

The members discussed the approval the venue for the annual conferences. It was decided that the venue will be approved at least four years in advance. Dr. Madhusudan Agrawal suggested that the AGM should approve the venue for USICON 2010 being held in North Zone. He proposed that Agra should be the venue. The members provisionally approved the venue subject to recommendation by the North Zone Council.

10. ORGANIZATION OF ACU 2008 IN DELHI:

Dr. Narmada P. Gupta made power point presentation about the preparation of ACU to be held in Delhi in the year 2008. He requested all the members to extend full support to make this mega event a great success.
11. ELECTION OF COUNCIL VACANCIES:

Dr. Narmada P. Gupta, the Returning Officer for the election of office bearers and council members for the year 2006-07, declared the election of the following members.

**PRESIDENT ELECT:**
1. Ajay Kumar, Patna

**HON. SECRETARY:**
RM. Meyyappan, Chennai

**HON. TREASURER:**
Jagdish N. Kulkarni, Mumbai

**COUNCIL MEMBER:**
**NORTH ZONE:**
Rajeev Sood, New Delhi

**SOUTH ZONE:**
1. D. Ramesh, Bangalore
2. K. Eshwer Gaud, Hyderabad

**WEST ZONE:**
Shailesh A Shah, Ahmedabad

**ELECTION OF SUB SPECIALITY CONVENEORS**
The AGM approved the recommendation of new convenors by the council for the following subspecialties, Education and Service Cells for a period of 3 Years:

<table>
<thead>
<tr>
<th>Subspeciality</th>
<th>Convener</th>
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<tbody>
<tr>
<td>Uro-oncology</td>
<td>Janak Desai, Ahmedabad</td>
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<tr>
<td>Andrology</td>
<td>T.R. Murali, Madurai</td>
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<td>Reconstructive Urology</td>
<td>P.B. Singh, Varanasi</td>
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<td>Paediatric Urology</td>
<td>R.B. Nerli, Belgaum</td>
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<td>Service Cell</td>
<td>Ashok Sharma, Kota</td>
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<tr>
<td>Education Cell</td>
<td>Umesh Oza, Mumbai</td>
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12. SUBJECT FOR DR. SEETHARAMAN MEMORIAL ESSAY COMPETITION FOR THE YEAR 2007:
The members approved the following subject for Dr. Seetharaman Memorial Essay Competition for the year 2007.

“Clinical trials in Urology: How can we have a breakthrough in India.”

13. SYMPOSIUM SUBJECT FOR USICON 2009:
The members approved the following Symposium subject for the year 2009.

“Challenging situations in management of calculus disease.” Convenor: Dr. R.B. Sabnis, Kolzapur

14. URO WORKSHOP (VIJAYA HOSPITAL, CHENNAI)

Dr. C. Chinnasami
Mr. B. Venkatarama Reddy
Dr. P. Venugopal
Dr. Renganatha Rao
Dr. Mahesh R. Desai
Dr. Ganesh Gopalakrishnan
Dr. Roychally

Madras Institute of Urology, Chennai
Date: Feb 24, 25 - 2007
15. REPORT OF SERVICE, RESEARCH AND EDUCATION CELL:

(i) SERVICE CELL:

Dr. Madhusudan Agrawal presented the report of Service Cell of USI. He apprised the members about the dispute between Dr. Jitendra Amlani (Rajkot) and MIS Endosys International, Mumbai. The members requested Dr. Madhusudan Agrawal to help the new convenor of Service Cell for amicable settlement of the matter. Dr. Madhusudan Agrawal presented following report:

Trade Directory

Updating of the Trade Directory has been done to include all the new postal and email addresses and phone, mobile and fax numbers of various trade people. The Directory will be distributed to all members in book as well as CD format and will be uploaded on the USI website.

Grievances Cell

Members problems and disputes relating to trade people have regularly been sorted out for every one’s satisfaction, and you will all be pleased to know, with cent per cent success rate each time. Every time the trader responsible has been made to provide service to the complete satisfaction of the member concerned.

1. Complaint of Dr. B.K. Sinha of Patna against Mr. Ram Narayan, MD, MIS Healthware, Hyderabad.

Dr. B.K. Sinha had sent a complaint to our president, who passed it on to “Service cell, regarding problems regarding payment for repair of ultrasound probe for his Dornier Lithotriptor. Upon intervention of Service cell, the said dealer immediately responded and has agreed to settle the charges to Dr. Sinha’s satisfaction.

2. Complaint of Mr. Devang Mehta of Mumbai against Dr. Jitendra Amlani of Rajkot.

The service cell has received a complaint from Mr. Devang Mehta regarding dispute of payment of return of a new resectoscope system. Hopefully the matter will be solved by discussion with the parties concerned.

Though satisfactory redressal of members’ complaints has time and again reaffirmed faith in the strength of our organization, I still feel that these small victories are not enough. We need to evolve a mechanism which can ensure that these problems do not arise in the first place, because the harassment and inconvenience plus the psychological, professional and financial loss caused to the member can not be compensated by these follow-up actions. The learned council needs to think of the ways to provide more teeth to the organization.

Some suggestions:

1. Provide space in the USI newsletter for the members’ complaints in the form of a ‘Forum’
2. Formulate ‘guidelines’ for members in their dealings with trade people.
3. Black listing companies which have repeated problems with members.
4. Regular ‘Consumer satisfaction surveys’ provided members actively participate in the exercise.

Members appreciated the efforts of Dr. Madhusudan Agrawal and approved the report.

(ii) EDUCATION & RESEARCH CELL:

There was no report from Education and Research cells of USI.

16. REPORT OF ETHICS COMMITTEE OF USI:

Dr. (Brig.) B. Rautray, the Convenor of Ethics Committee, presented following report.

The Ethics Committee held its 2nd meeting at S.K. Memorial Hall, Patna on 07.02.2007 at 11.00 hrs.

The following members were present:

1. Dr. (Brig.) B. Rautray- Chairman
2. Dr. S. D. Bapat- Member
3. Dr. B. Mukherjee- Member
4. Dr. S. S. Joshi- Co-opted Member
5. Dr. Mahesh .R. Desai- President, USI
6. Dr. Ajay Kumar, Secretary, USI

RECOMMENDATIONS:

1. The members of USI are requested to inform the Hon. Secretary, USI Ethics Committee, if any adverse report is published in News Paper involving any member of USI.

2. This report to be published in Urology Newsletter periodically also.

3. Accepting Support/gratification by Pharmaceutical Companies or Equipment manufacturing companies to individual members for attending conferences or otherwise in any manner is unethical and should be discouraged.

4. Dr. R. Jeyaraman’s letter about media and News Paper propaganda in Chennai about Renal Transplant was discussed along with the author. The comments of ASI President was unfortunate. The Committee decided to wait for the result and report of the official enquiry body appointed by the Tamilnadu Government before planning any action as no member of USI has been named.

5. The organ retrieval and transplant needs some changes and modification. The committee members have been requested to forward their recommendations to the convenor by 15th March, 2007 so that these can be compiled and forwarded to President of USI for necessary action.

6. IJU should not publish advertisements for non allopathic drugs. But, scientific trial reports / data can be accepted for publication if found authentic and reliable.

7. USI members should not be quoted in the advertisements of non allopathic drugs for commercial benefit.* Members approved the report.

17. MATTERS PERTAINING TO INDIAN JOURNAL OF UROLOGY:

The members thanked the Editor of IJU for getting the journal published regularly. The members approved the unanimous election of Dr. Mahesh R Desai by the council as the new chairman of IJU.

Members were happy to know that the negotiation for availability of BJU to USI members is in final stage and thanked the president for his efforts in the matter. The members approved the request of BJU for mentioning: “Urological Society of India recognizes BJUI as International Publication” on their cover page.

18. AMMENDMENTS IN USI CONSTITUTION:

No request was made by any member for amendment in USI constitution.

19. DISCUSSION ABOUT ESTABLISHMENT OF PERMANENT SECRETARIATE OF UROLOGICAL SOCIETY OF INDIA:

There was discussion in the council about the urgent need of permanent office of Urological Society of India. The proposal of Dr. Narendra Bhandari was discussed. A sub committee was constituted under the chairmanship of the President elect Dr. N. P. Gupta with all the zonal Presidents as its members to look into the matter and report to the council during its Mid term Council meeting. The members approved the decision of the council.

20. ANY OTHER MATTER WITH PERMISSION OF CHAIR:

At the conclusion of the meeting the members thanked the president Dr. Mahesh R Desai for bringing laurels to the society. Dr. Mahesh R Desai thanked the members for their cooperation in discharging his duties. He thanked the local Org.Committee of USICON 2007 for their hospitality.
REPORT ON THE 40th ANNUAL CONFERENCE OF THE UROLOGICAL SOCIETY OF INDIA, USICON-2007, PATNA

The Annual conference of the urological society of India USICON-2007 was successfully conducted at S.K.Memorial Hall, Patna between 7th and 10th of February 2007. USICON 2007 was dedicated to “Urologist in Training” under the Presidentship of Dr. Mahesh R Desai, enterprising Hon-Sec, Dr. Ajay Kumar and dedicated council members of USI the scientific programme was designed in such a way which included instructional courses as breakfast sessions for the post graduates, interesting subspeciality section for the junior urologists and the whole fraternity.

The conference was preceded by faculty meet at Hotel Maurya, Patna on 6th February 2007 presided by Deputy Chief Minister of Govt. of Bihar followed by dinner. During the course of the meeting the international, national orators and faculty members were being honoured and the evening was excellent and wonderful.

On 7th February, following the registration sub-speciality meetings were conducted in different halls. The convenors Dr. S.V.Kandasami, Dr. M.V.Khocikar, Dr. Anant Kumar, Dr. R.K. Shimpi, Dr. A.L. Bhat, Dr. S.B. Kulkarni convened the sections endourology, uro-oncology, laparoscopic urology, renal transplantation, andrology, paediatric urology, reconstructive urology respectively. Following this Dr. Nitin Kekre convened instructional course on how to write articles on journals. Dr. Christopher "Wood house, Dr. Peter Scardino discussed the various aspects and there was an overwhelming response among the delegates. Meanwhile Dr. S.K. Singh convened the meeting on medical management of urolithiasis in which Dr. Dean Assimos discussed the same.

On 8th February breakfast sessions were on surgical management of organ confined carcinoma prostate in which Dr. Srinivas was the convenor, Dr. Peter Scardino, Dr. Mihir Desai, Dr. Christopher Cheng discussed the role of open, laparoscopic, robotic surgeries. Surgical management of BPH was convened by Dr. Narmada P. Gupta in which Dr. Mostafa M. Elhilali, Dr. Rajeev Sood were the discussants in the same. Himadri Sarkar Memorial Oration was delivered by our past president Dr. K. Sasidharan about nephron sparing surgery. The SIU Lecture was delivered by Dr. Mostafa M. Elhilali and the prestigious G.M. Phadke Memorial Oration was delivered by Dr. Peter Scardino on surgical treatment of prostate cancer. The symposium on painful bladder syndrome was conducted by Dr. Nagendra Mishra and the interesting, novel session was conducted by Dr. Krishnaswamy Kannan, Trichy “on what the books do not tell us but we wish they did” which attracted a good gathering and valid discussion.

A fiery, informative, interesting debate on evidence based and experience based medicine was conducted by Dr. Christopher Wood house in which our President Dr. Narmada P. Gupta and our President elect Dr. Ajay Kumar were the speakers. Following which Dr. Mihir Desai gave a guest lecture future of endourology which was interesting, informative and inspiring for the younger generations. The Indian section of SIU was conducted by Dr. Lal Malani, Mumbai, Dr. Rajeev Sood, New Delhi in which Dr. Mostafa M. Elhilali, Dr. John Fitzpatrick were the guest speakers in the same. Uro-radiology Quiz programme for the post graduates was conducted by Dr. Deepak Dubey and there was an overwhelming response from the post graduates for the same. The 40th annual conference of USI was inaugurated by Honorable Chief Minister of Bihar Mr. Nitish Kumar and presided by Dr. Mahesh R. Desi President USI, The function was attended by past officers of USI, Burecrats of Govt. of Bihar, International delegates from various parts of our country. Mr. Nitish Kumar Honorable C.M of Bihar Prais ed the role of Doctors in the society and his government commitment to the fraternity of Urology and the welfare of the society.

On 9th February instructional course for the post graduates were conducted by Dr. Ajit Vaze, Mumbai and percutaneous access to kidney by Dr. Mahesh R Desai respectively. Interesting lectures by foreign delegates were presented like UAA Lecture by USICON - 2007, PATNA
Dr. Lai Ming Kuen, Jaipur oration by Dr. Dean Assimos. The prestigious Dr. Pinnamaneni Venkateshwara Rao Oration was delivered by our fellow member Dr. Madhusudan Agarwal, Agra on PCNL a journey through two decades. Dr. Christopher Cheng discussed his views on urology practice in Singapore and Dr. Christopher Woodhouse discussed on place of rectosigmoid pouch in urinary diversion and followed by debate conducted by Dr. Roy Chally in which Dr. Nitin Kekre and Dr. Janak Desai participated. The prize papers like CKP Menon prize, Brij Kishore Patna prize and Chandigarh best video prize were presented in different halls in which audience took active part in the deliberations. At the conclusion of the scientific Sessions, AGM was conducted at the conference hall which was well attended by the delegates.

Dr. John Fitzpatrick, editor, BJU conducted instructional course on management of superficial bladder cancer on 10th February for the post graduates and for the junior urologists. IAUA Lecture was delivered by Dr. Ashish Kamat, young promising urologist on management of superficial bladder cancer. Interesting debate on post fulguration persistent reflux and UTI-Uretral reimplantation is recommended by Dr. R. B. Nerli and Dr. Mallikarjuna in which Dr. S. S. Joshi was the moderator. Interesting innovations in urology were presented followed by invited papers in different zones. At the end of four days hectic schedule, the conference came to an end with a note of valedictory function.

The members thanked USI office and the organizing committee headed by Dr. Ajay Kumar, Dr. Mahendra Singh (Organising Secretary) and Dr. S. S. Ambatsa and the team members who had done wonderful arrangements. The members had pleasant experience, delightful evenings and memorable events at Patna. Saying good-bye to Patna and with a welcome note to Chennai for the USICON-2008, members disbursed with joy.

PRESIDENT’S SPEECH (DR. MAHESH. R. DESAI)

It has been 30 incredible years since I became the member of USI and I have benefited tremendously from this association in all aspects. Our effort, in the USI, has been to promote and support the highest standard of urological care, through continuing professional education, thereby ensuring outstanding clinical practice and best possible patient care.

USI has been increasingly focusing on postgraduate education for the last few years and even more so this year. Urological education at present is not standardized. We have two types of systems, identified by the certification method, namely MCh given by university and DNB (urology) given by the National Board. Medical Council of India which recognizes university or department does not have a direct control over examination. Both types of examination systems are inherently non-standardized and flawed.

There is no uniform system of assessment. Examiners are not really trained to conduct the examination therefore the results vary. USI is concerned with urological education. In absence of a uniform standard of education and examination, USI being a national body has a pivotal role to play.

To improve the educational standard USI should take a lead in urging MCI and national board to evaluate the performance status in their recognized hospitals. There should be only one examination monitored by MCI as well as National Board. USI needs to be integrally involved in conducting this examination in uniform and fair fashion. I have already discussed with Prof. Rajasekaran to conduct refresher course or training course for examiners and also to introduce an exam system of OSKI to make it fairer.

It is not possible for even recognized teachers of 10 years standing to have an up to date knowledge and therefore it is necessary to have refresher courses and master classes even for them. Urological Society of India should take the initiative in introducing CME credits through its annual, zonal conferences and various subspecialty courses.

USI is trying to contribute and influence urological education in some way. I would like to inform you the specific steps that we have taken in this regard.

1. First is to provide educational material.
   I acknowledge and congratulate our dynamic editor Dr. Nitin Kekre for radically changing the face of the Indian Journal of Urology in both quality and culture. He has brought out all issues of the JJ in time and enhanced the scientific quality. Additionally at this meeting he organized a instructional course to improve paper writing with Prof. John Fitzpatrick, the chief editor of BJUI and Prof. Peter Scardino the chief editor of Nature Clinical Practice Urology.

2. We are also very grateful to my institute MPUH and Healthware to negotiate with Journal of Endourology to subsidize the journal for our members and free copies to the postgraduates in urology.

3. We have been discussing with AUA Office of education and through the efforts of Dr. Ross, Preminger and Badlani the AUA has agreed to make the journal of urology available to all postgraduates online free of charge. Moreover our postgraduates can become member of the AUA in a special category with subsidized fee.

4. The SIU provides our members Gold Journal of Urology through subsidized membership. I appreciate and recognize the help of Prof. Mostafa Elhilali, the past Secretary General and now the President Elect of SIU for his educational effort.

5. Welcome Dr. Christopher Woodhouse chairman of BJUI and Prof. John Fitzpatrick, editor in chief BJUI. BJUI would be available in little different form to all the members of the Urological Society of India, again, free of cost with the help of INTAS Pharmaceuticals, India.

6. We are also discussing with Prof. Peter Scardino the chief editor of Nature Clinical Practice Urology to explore the possibility of making this journal also available to our all members or at least to all the postgraduates.

I would like to sincerely thank and acknowledge my entire team of office bearers of USI nationally and regionally and all the members for their wholehearted support in this last year. I would like to thank the local organizing team led by Dr. Ajay Kumar and Dr. Mahendra Singh for putting up an outstanding show at this annual meeting.

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NATIONAL

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DATE - JANUARY 17 - 20, 2008
Contact : Dr. R. Jayaraman, Organising Secretary, Dept of Urology, Govt. General Hosp. Chennai - 600003.
www.usicon2008.org

ZONAL CHAPTER CONFERENCES AND CMEs 2007- 08 :

<table>
<thead>
<tr>
<th>Zones</th>
<th>Place</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>South Zone</td>
<td>Coimbatore</td>
<td>13th, 14th &amp; 15th July, 2007</td>
</tr>
<tr>
<td>West Zone</td>
<td>Goa</td>
<td>27th, 28th, 29th September 2007</td>
</tr>
<tr>
<td>East Zone</td>
<td>Guwahati</td>
<td>8th, 9th &amp; 10th November, 2007</td>
</tr>
<tr>
<td>North Zone</td>
<td>Lucknow</td>
<td>2nd, 3rd &amp; 4th November, 2007</td>
</tr>
</tbody>
</table>

MOCK EXAM 2007
Dr.T.C.Sadasukhi  Dept of Urology, SMS Medical College, Jaipur, Sep 2007
Dr.S.S.Bapat Dept of Urology, Maharashtra Medical Foundation’s Ratna Hospital, Pune
Date : 7th & 8th July 2007

CME 2007
Convenor : Dr.C.S. Ratkal
Place : Dept. of Urology, Bangalore Medical College, Bangalore Date : 11th & 12th August 2007
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- **Side Effects:** The adverse effects reported with tamsulosin were headache, KOCHIA, back pain, chest pain, dizziness, somnolence, insomnia, decreased libido, abnormal ejaculation, hematuria, pyrexia, increased cough, sneezing, rhinitis, rash, alopecia, nausea, vomiting, upper respiratory tract infection, oropharyngitis.
- **Contraindications:** Tamsulosin is contraindicated in patients with a known hypersensitivity to tamsulosin, dutasteride, or any other component of the formulation.
- **Precautions:** Use in elderly patients and children is not recommended. Women and children: Tamsulosin is not recommended for use in women or children.

**Indications:** Tamsulosin is indicated for the treatment of the signs and symptoms of benign prostatic hyperplasia (BPH) in men with an enlarged prostate. Dutasteride is indicated for the treatment of the signs and symptoms of benign prostatic hyperplasia (BPH) in men with an enlarged prostate.

**Interactions:** Tamsulosin and dutasteride may interact with other medications, including alpha-blockers, beta-blockers, and calcium channel blockers. Therefore, it is important to inform your healthcare provider of any medications you are taking before starting tamsulosin or dutasteride.

**Warnings and Precautions:** Tamsulosin may cause dizziness or faintness, especially when suddenly standing up. It is important to rise slowly from a sitting or lying position to avoid these effects.

**Prescribing Information:** Tamsulosin and dutasteride should be used with caution in patients with a history of cardiovascular disease or with a history of pulmonary hypertension. They should also be used with caution in patients with a history of liver disease or with a history of seizures. It is important to follow your healthcare provider's instructions when using tamsulosin or dutasteride.

**Pharmacokinetics:** Tamsulosin is rapidly absorbed after oral administration and has a short half-life. Dutasteride is slowly absorbed after oral administration and has a long half-life.

**Pharmacodynamics:** Tamsulosin and dutasteride work by reducing the production of PSA, which is a protein produced by cells in the prostate gland. This reduces the size of the prostate gland, which can relieve symptoms of BPH.